identification of the 14 main allergens of the fusion menu

| Miramar La Cigale <br> hótel Thalasso \& Spa |  | $\frac{1}{2}$ |  | finc |  | $\frac{84}{2}$ |  |  |  |  | 4-8 | $\mathrm{SO}_{2}$ |  |  |
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|  | Cereals containing gluten (wheat, rye, barley, oats ... | Shellish and shellish based products | $\underset{\text { Egs and egg-based }}{\text { products }}$ | $\underset{\text { Fish and fish-based }}{\text { products }}$ | Peanuts and peanutbased products | $\underset{\substack{\text { Soya and soya-based } \\ \text { products }}}{ }$ | Milk and milk-based products (including lactose) | Nuts (almonds, $\begin{gathered}\text { hazelnuts, walnuts, } \\ \text { cashew nuts, peans, } \\ \text { Brazil nuts, pistachio }\end{gathered}$ Brazil nuts, $\mathbf{p}$ $\ldots$...) | Celery and celery based products | Mustard and mustard based products | Sesame seeds and sesame seed-based products | Sulphur dioxide and sulphites | $\underset{\substack{\text { Lupin and lupin-based } \\ \text { products }}}{\substack{\text { and } \\ \hline}}$ | Molluses and molluse based products |
| fusion Menu |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Langoustine and oyster tartar with passion fruit |  | x |  |  |  |  |  |  |  |  |  | x |  | x |
| Seaside foie gras, Kombu confit with yuzu | x |  |  |  |  |  |  |  |  |  |  | x |  |  |
| Strawberry refreshment with a hint of sage |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roasted lobster with scents of verbena |  | $\times$ |  |  |  |  | x |  |  |  |  | $\times$ |  |  |
| Crunchy shortbread and breton cream cheese with herbs | x |  | x |  |  |  | x |  |  |  |  | x |  |  |
| Small floral baba from the orchard | x |  | $\times$ |  |  |  | x | $\times$ |  |  |  |  |  |  |

