IDENTIFICATION OF THE 14 MAIN ALLERGENS OF THE FUSION MENU

MIRAMAR LA CIGALE HÔTEL THALASSO & SPA						***						SO ₂		
	Cereals containing gluten (wheat, rye, barley, oats)	Shellfish and shellfish- based products	Eggs and egg-based products	Fish and fish-based products	Peanuts and peanut- based products	Soya and soya-based products	Milk and milk-based products (including lactose)	Nuts (almonds, hazelnuts, walnuts, cashew nuts, pecans, Brazil nuts, pistachios)	Celery and celery- based products	Mustard and mustard- based products	Sesame seeds and sesame seed-based products	Sulphur dioxide and sulphites	Lupin and lupin-based products	Molluscs and mollusc- based products
FUSION MENU														
Langoustine and oyster tartar with passion fruit		Х										×		X
Seaside foie gras, Kombu confit with yuzu	х											Х		
Strawberry refreshment with a hint of sage														
Roasted lobster with scents of verbena		Х					Х					Х		
Crunchy shortbread and breton cream cheese with herbs	×		Х				×					Х		
Small floral baba from the orchard	×		Х				×	Х						